THE GRADIENT OF CERTAIN HARMONIC FUNCTIONS ON MANIFOLDS OF ALMOST NONNEGATIVE RICCI CURVATURE

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ABSTRACT

In this paper we prove that when the Ricci curvature of a Riemannian manifold M^n is almost nonnegative, and a ball $B_L(p) \subset M^n$ is close in Gromov–Hausdorff distance to a Euclidean ball, then the gradient of the harmonic function **b** defined in [ChCo1] does not vanish. In particular, these functions can serve as harmonic coordinates on balls sufficiently close to an Euclidean ball. The proof is based on a monotonicity theorem that generalizes monotonicity of the frequency for harmonic functions on \mathbf{R}^n .

Introduction

Assume M^n is an n-dimensional Riemannian manifold; its Ricci curvature satisfies

Recall a construction of Cheeger-Colding: suppose $\gamma \colon [0,L] \to M^n$ is a minimal geodesic; define b(x) by $b(x) = d(x,\gamma(0))$. Assume $\frac{1}{3}L < t < \frac{2}{3}L$. Pick p such that $d(p,\gamma(t)) < \delta L$, and let $\mathbf{b} \colon B_4(p) \to \mathbf{R}$ be the harmonic function with the same boundary value on $\partial B_4(p)$ as b. It was proved in [ChCo1] that

(0.2)
$$|b - \mathbf{b}| < \Psi(\delta, L^{-1}, H|n),$$

(0.3)
$$\int_{B_2(p)} |\nabla \mathbf{b} - \nabla b|^2 < \Psi(\delta, L^{-1}, H|n),$$

(0.4)
$$f_{B_2(p)} |\operatorname{Hess}_{\mathbf{b}}|^2 < \Psi(\delta, L^{-1}, H|n).$$

Here as in [ChCo1], $\Psi(\delta, L^{-1}, H|n)$ is some nonnegative function of δ, L^{-1}, H, n that goes to 0 when $\delta, L^{-1}, H \to 0$. Also, for any open set W write

Write d_{GH} for the Gromov-Hausdorff distance ([Gr]). The main result of this paper is

THEOREM 0.6: If L^{-1} , H, δ are sufficiently small, and the Gromov–Hausdorff distance $d_{GH}(B_L(p), B_L(0))$ is sufficiently small $(B_L(0) \subset \mathbf{R}^n)$, then $\nabla \mathbf{b} \neq 0$ on $B_1(p)$.

However, one cannot expect a uniform lower bound for $|\nabla \mathbf{b}|$.

Denote by $A(q, r_1, r_2)$ the annulus $\{x | r_1 \leq d(x, q) \leq r_2\}$. For a function u, write $u_{q,r}$ for the average of u on $B_r(q)$. The proof of Theorem 0.6 uses a "three annulus" argument (see [Si], [ChT]); in our case, it is a generalization of the monotonicity of frequency for harmonic functions on \mathbf{R}^n (see [Al], [CoMi1]) to manifolds sufficiently close to \mathbf{R}^n :

THEOREM 0.7: For ϵ small enough (as in Corollary 1.10), there exist δ , H > 0 depending only on ϵ such that if a manifold (M,p) satisfies (0.1), $d_{GH}(B_2(p), B_2(0)) < \delta$ $(B_2(0) \subset \mathbf{R}^n)$, then for any harmonic function u over $B_2(p)$, and any $q \in B_1(p)$ and r > 0 such that $B_r(q) \subset B_{3/2}(p)$, the inequality,

(0.8)
$$f_{A(q,r/2,r)} |u - u_{q,r}|^2 \le (2^{1+\epsilon})^2 f_{A(q,r/4,r/2)} |u - u_{q,r/2}|^2$$

implies

$$(0.9) \qquad \int_{A(q,r/4,r/2)} |u - u_{q,\frac{r}{2}}|^2 < (2^{1 + \frac{\epsilon}{2}})^2 \int_{A(q,r/8,r/4)} |u - u_{q,r/4}(u)|^2.$$

Theorem 0.7 says that for a harmonic function, sublinear growth on one scale implies sublinear growth on *any* smaller scale.

Recall that the result in (section 6 of) [ChCo1] implies that if M^n is sufficiently close to \mathbf{R}^n , then locally, \mathbf{b} is uniformly close to a linear function on \mathbf{R}^n . In particular, at some scale (0.8) holds for \mathbf{b} . So (0.8) holds for \mathbf{b} on an arbitrarily small scale. This is not possible if $\nabla \mathbf{b} = 0$.

We prove Theorem 0.7 and Theorem 0.6 in Section 2. We argue by contradiction, using a blow up procedure. Assume to the contrary, that (after rescaling) there exists a sequence of manifolds converging to \mathbb{R}^n , and a sequence of harmonic functions, $\{u_i\}$, satisfying (0.8), but not (0.9). Here u_i is defined on M_i^n .

It is easy to find a subsequence that converges to some function u_{∞} on \mathbb{R}^n (see Definition 1.13). Note the claim that (0.8) is true and (0.9) is not true holds also for u_{∞} .

It is enough to prove that the function $u_{\infty} \colon \mathbf{R}^n \to \mathbf{R}$ is also harmonic. Then we get a contradiction to a monotonicity theorem for harmonic functions on \mathbf{R}^n ; see Corollary 1.10.

By Dirichlet's principle, a harmonic function on B_R is the unique minimizer of the functional $\int_{B_R} |\nabla u|^2$ within the class of functions having the same boundary value on ∂B_R . We prove that u_{∞} is energy minimizing by comparing $\int_{B_R(x_{\infty})} |\nabla u_{\infty}|^2$ with $\int_{B_R(x_i)} |\nabla u_i|^2$, which is minimal within the class of functions having the same boundary value on $\partial B_R(x_i) \subset M^n$, $x_i \to x_{\infty}$.

If we assume $B_1(p) \subset M^n$ is ϵ -close to the Euclidean ball, then as in [ChCo1], [ChCo2], [Co], we have n harmonic functions $\mathbf{b_1}$ $\mathbf{b_2}$, ..., $\mathbf{b_n}$. By a straightforward ODE argument, Theorem 0.6 implies:

COROLLARY 0.10: Assume M^n satisfies (0.1), $B_1(p) \subset M^n$ is ϵ -close to the Euclidean ball. If ϵ is small enough, then there is a $\psi(\epsilon, H) > 0$ such that there is an open subset U with $B_{\psi}(p) \subset U$, on which $\mathbf{b_i}$ is a harmonic coordinate system. In particular, U is diffeomorphic to a Euclidean ball.

This can be viewed as an analogue of the Reifenberg type theorem of Cheeger-Colding; see the appendix of [ChCo2].

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1. Some analysis

Assume u is harmonic on $B_2(0) \subset \mathbf{R}^n$. It is well known that u is analytic and each homogeneous part of u is also harmonic. So we can write

$$(1.1) u(x) = \sum_{i=0}^{\infty} a_i r^i s_i.$$

Here r = |x|, $\{s_i\}$ is an orthonormal basis of eigenfunctions of the intrinsic Laplacian on $\partial B_1(0)$, $-\Delta_{\partial B_1(0)} s_i = i(n+i-2)s_i$. Put

(1.2)
$$I(r) = \frac{1}{\operatorname{Vol}(\partial B_r(0))} \int_{\partial B_r(0)} u^2.$$

Then

(1.3)
$$I(r) = \sum_{i=0}^{\infty} a_i^2 r^{2i}.$$

The so-called "monotonicity of the frequency" theorem on \mathbb{R}^n implies that I(r)/I(r/2) is a nondecreasing function of r; see [Al], [CoMi1]. Here we need the following variant:

LEMMA 1.4: For $\epsilon > 0$ sufficiently small, if u is harmonic, then

$$(1.5) I(r) \le (2^{1+\epsilon})^2 I(r/2)$$

implies

$$(1.6) I(r/2) < (2^{1+\epsilon/3})^2 I(r/4).$$

Proof: By (1.3), (1.5) is equivalent to

(1.7)
$$\sum_{i=0}^{\infty} a_i^2 r^{2i} \left(1 - \frac{2^{2\epsilon}}{4^{i-1}} \right) \le a_0^2 (2^{2+2\epsilon} - 1) + a_1^2 r^2 (2^{2\epsilon} - 1).$$

On the other hand, (1.6) is equivalent to

$$(1.8) \qquad \sum_{i=2}^{\infty} a_i^2 r^{2i} \frac{1}{4^i} \Big(1 - \frac{2^{2\epsilon/3}}{4^{i-1}} \Big) < a_0^2 (2^{2+2\epsilon/3} - 1) + a_1^2 r^2 \frac{1}{4} (2^{2\epsilon/3} - 1).$$

Thus, it suffices to show, for $i \geq 2$,

$$(1.9) \qquad \frac{1}{4^i} \Big(1 - \frac{2^{2\epsilon/3}}{4^{i-1}}\Big) / \Big(1 - \frac{2^{2\epsilon}}{4^{i-1}}\Big) < \min\Big(\frac{2^{2+2\epsilon/3} - 1}{2^{2+2\epsilon} - 1}, \frac{2^{2\epsilon/3} - 1}{4(2^{2\epsilon} - 1)}\Big).$$

The left side is less than 1/16, and when $\epsilon \to 0$, the limit of the right hand side is 1/12. So (1.5) implies (1.6) for ϵ small.

COROLLARY 1.10: Assume u is harmonic. If

(1.11)
$$\int_{A(0,r/2,r)} u^2 \le (2^{1+\epsilon})^2 \int_{A(0,r/4,r/2)} u^2,$$

then

(1.12)
$$f_{A(0,r/4,r/2)} u^2 < (2^{1+\epsilon/3})^2 f_{A(0,r/8,r/4)} u^2.$$

Next, suppose $(M_i^n, \operatorname{Vol}_i) \xrightarrow{d_{GH}} (M_{\infty}, \mu_{\infty})$ in the measured Gromov-Hausdorff sense, i.e., the sequence $\{M_i^n\}$ converges in the Gromov-Hausdorff sense to M_{∞} ,

and for any $x_i \to x_\infty$ $(x_i \in M_i)$ and R > 0, $\operatorname{Vol}_i(B_R(x_i)) \to \mu_\infty(B_R(x_\infty))$. For any sequences of manifolds with Ricci curvature bounded from below, after possible renormalization of the measures, one can find a subsequence that converges in the measured Gromov–Hausdorff sense; see [ChCo2]. When M_{∞} is an n-manifold, $M_i^n \xrightarrow{d_{GH}} M_{\infty}$ in the Gromov–Hausdorff sense implies $M_i^n \xrightarrow{d_{GH}} M_{\infty}$ in the measured Gromov-Hausdorff sense; see [Co]. We refer to [Ch], [ChCo2], [GLP] for general background.

Definition 1.13: Suppose $K_i \subset M_i^n \xrightarrow{d_{GH}} K_{\infty} \subset M_{\infty}$, and $\{f_i\}$ is a sequence of equicontinuous functions; $f_i: K_i \to \mathbf{R}, i = 1, 2, ..., \infty$. Assume $\Phi_i: K_\infty \to K_i$ are ϵ_i -Gromov-Hausdorff approximations, $\epsilon_i \to 0$. If $f_i \circ \Phi_i$ converge to f_∞ uniformly, we say that $f_i \to f_\infty$ uniformly over $K_i \xrightarrow{d_{GH}} K_\infty$.

For simplicity, in the above context we also say $f_i \to f_{\infty}$ uniformly on K. When we write $f_i(x) \to f_{\infty}(x)$, we actually mean that $f_i \to f_{\infty}$ uniformly and there is a sequence $x_i \in M_i^n$, $x_i \to x_\infty \in M_\infty$ such that $f_i(x_i) \to f_\infty(x_\infty)$.

We point out the Arzela-Ascoli theorem can be generalized to the case in which the functions live on different spaces, namely, when $M_i \stackrel{d_{GH}}{\longrightarrow} M_{\infty}$, for any bounded, equicontinuous sequence $\{f_i\}$ (here f_i is a function on M_i), there is a subsequence that converges uniformly to some continuous function f_{∞} on M_{∞} . The proof is straightforward.

Definition 1.14: We say $f_i \to f_{\infty}$ in the L^2 sense if, for all $\epsilon > 0$, there is a decomposition $f_i = \phi_i + \eta_i$, where $\phi_i \to \phi_\infty$ uniformly and $\limsup |\eta_i|_{L^2} \le \epsilon$, $|\eta_{\infty}|_{L^2} \leq \epsilon.$

The following is an extension of the Rellich-Kondrakov theorem:

Lemma 1.15: Assume $\mathrm{Ric}_{M_i} \geq -(n-1)H, \ B_1(p_i) \subset M_i^n \stackrel{d_{GH}}{\longrightarrow} B_1(p_\infty) \subset M_\infty$ in the measured Gromov-Hausdorff sense; f_i is a function on M_i^n (i = 1, 2, ...). Assume

(1.16)
$$\int_{B_1(p_i)} f_i^2 \le N_1,$$

$$\int_{B_1(p_i)} |\nabla f_i|^2 \le N_2.$$

(1.17)
$$\int_{B_1(p_i)} |\nabla f_i|^2 \le N_2.$$

Then there is a subsequence that converges in L^2 over any given converging sequence of compact subsets $k_i \stackrel{d_{GH}}{\longrightarrow} K_{\infty}$.

Proof: The argument is similar to those in [CoMi2] and [Ch]. Fix a scale r > 0.

For each $i=1,2,\ldots,\infty$, we partition $B_1(p_i)$ into M disjoint subsets $S_{1,i}, S_{2,i},\ldots,S_{M,i}$ such that $B_r(x_{j,i})\subset S_{j,i}\subset B_{2r}(x_{j,i}),\ S_{j,i}\stackrel{d_{GH}}{\longrightarrow} S_{j,\infty},\ j=1,\ldots,M.$ Assume $(f_i)_{x_{j,i},2r}$ is the average of f_i on $B_{2r}(x_{j,i})$. First, by (1.16) and relative volume comparison,

(1.18)
$$((f_i)_{x_{j,i},2r})^2 \le \int_{B_{2r}(x_{j,i})} f_i^2 \le C_1 r^{-n} N_1.$$

Since $\mathrm{Ric}_{M_i} \geq -(n-1)H$ there is a type (2,2) Poincare inequality. So we have

(1.19)
$$\int_{S_{s,i}^1} |f_i - (f_i)_{x_{s,i},2r}|^2 \le \int_{B_{2r}(x_{s,i})} |f_i - (f_i)_{x_{s,i},2r}|^2 \\ \le r^2 \tau(n,H) \int_{B_{2r}(x_{s,i})} |\nabla f_i|^2.$$

So by (1.17), f_i can be uniformly approximated in L^2 by functions that are constant on each set $S_{j,i}$. In view of the estimates (1.18), (1.19), the lemma follows from a standard diagonal argument.

Assume f_i is a Lipschitz function on M_i^n , $(i = 1, 2, ..., \infty)$. Define

(1.20)
$$E(f_i) = \int_{B_R(p_i)} |\nabla f_i|^2 \quad (i = 1, 2, \dots, \infty).$$

Here we only need the case that the limit space is the Euclidean space; see [Di], compare [Ch], [ChCo4].

LEMMA 1.21 (Lower semicontinuity of energy): Suppose f_i are C^2 functions over M_i^n , $\Delta f_i = 0$, $f_i \to f_{\infty}$ uniformly over the sequence of converging balls $B_{2R}(p_i) \subset M_i^n \xrightarrow{d_{GR}} B_{2R}(p_{\infty}) \subset \mathbb{R}^n$, and there is a uniform gradient estimate for f_i :

$$(1.22) |\nabla f_i| < G.$$

Then we have

(1.23)
$$E(f_{\infty}) \leq \liminf_{i \to \infty} E(f_i).$$

Proof: As in Section 6 of [ChCo1], we can get an integral bound for the Hessian of f_i on the ball $B_1(p_i)$: recall the Bochner formula

(1.24)
$$\frac{1}{2}\Delta(|\nabla f_i|^2) = |\operatorname{Hess}_{f_i}|^2 + \langle \nabla \Delta f_i, \nabla f_i \rangle + \operatorname{Ric}(\nabla f_i, \nabla f_i).$$

Multiply by a cut-off function ϕ with supp $\phi \subset B_r \subset B_1(q_i)$, $\phi|_{B_{r/2}} = 1$, $|\nabla \phi| \le c(n,r)$, $|\Delta \phi| \le c(n,r)$; see Theorem 6.33 of [ChCo1]. Since f_i is harmonic,

(1.25)
$$\frac{1}{2}\phi\Delta(|\nabla f_i|^2) = \phi|\operatorname{Hess}_{f_i}|^2 + \phi\operatorname{Ric}(\nabla f_i, \nabla f_i).$$

Integrate by parts,

$$(1.26) \qquad \int_{B_r} \frac{1}{2} (|\nabla f_i|^2) \Delta \phi = \int_{B_r} \phi |\mathrm{Hess}_{f_i}|^2 + \int_{B_r} \phi \, \mathrm{Ric}(\nabla f_i, \nabla f_i).$$

By the assumption on Ricci curvature, and note that by construction $|\Delta \phi|$ is uniformly bounded, we have a uniform upper bound for $\int_{B_r} \phi |\operatorname{Hess}_{f_i}|^2$.

So by Lemma 1.15 we can assume that some subsequence of $|\nabla f_i|$ converges to a function Γ on $B_R(p_\infty) \subset M_\infty$ in L^2 . Assume $x_\infty \in \mathbf{R}^n$, and there is some subset $A(x_\infty) \subset \mathbf{R}^n$ such that Γ is continuous on $A(x_\infty)$, $x_\infty \in A(x_\infty)$ is a density point of $A(x_\infty)$. By Luzin's theorem, these properties hold for almost all x_∞ . For such x_∞ , we prove

$$(1.27) |\nabla f_{\infty}(x_{\infty})| \le \Gamma(x_{\infty}).$$

Clearly, (1.27) implies our lemma.

To prove (1.27), it is enough to prove, for all $\psi > 0$, if $l = d(x_{\infty}, y)$ is sufficiently small, then

$$(1.28) |f_{\infty}(x_{\infty}) - f_{\infty}(y)| \le d(y, x_{\infty})(\Gamma(x_{\infty}) + 6\psi).$$

By the gradient estimate of f_i (so of f_{∞}), if (1.28) is not true for some y_0 , then for all $y \in B_{l\psi/L}(y_0)$,

$$(1.29) |f_{\infty}(x_{\infty}) - f_{\infty}(y)| > d(y, x_{\infty})(\Gamma(x_{\infty}) + 5\psi).$$

Pick $x_i, y_{0,i} \in M_i^n$, $x_i \to x_\infty$, $y_{0,i} \to y_0$, $d(x_i, y_{0,i}) = l$. Then for i big enough, for all $y_i \in B_{l\psi/L}(y_{0,i})$ and all minimal geodesic γ_i connecting x_i and y_i ,

(1.30)
$$\int_{\gamma_i} |\nabla f_i| \ge d(x_i, y_i) (\Gamma(x_\infty) + 4\psi).$$

Since $|\nabla f_i|$ is uniformly bounded by L, a simple computation shows that along every γ_i we must have

$$(1.31) |\nabla f_i| > \Gamma(x_\infty) + 2\psi,$$

on a subset of γ_i which has length at least $2\psi l/(L-\Gamma(x_\infty))$. Put

(1.32)
$$T_i = \{ v \in T_{x_i} | v = \gamma'(0) \text{ for some minimal geodesic } \gamma$$

$$\text{from } x_i \text{ to } y_i \in B_{l\psi/L}(y_{0,i}) \};$$

we must have $H^{n-1}(T_i) > C(n, L, \psi)H^{n-1}(\partial B_1(0))$, where H^{n-1} is the surface area over $\partial B_1(0)$ in the tangent space T_{x_i} . Combine this with (1.31), if l is small enough, by the proof of the Bishop-Gromov inequality, for sufficiently big i,

(1.33)
$$\frac{\text{Vol}(\{z_i \in B_l(x_i) || \nabla f_i(z_i)| > \Gamma(x_\infty) + 2\psi\})}{\text{Vol}(B_l(x_i))} \ge C(x_\infty, n, L, \psi) > 0.$$

Now $|\nabla f_i|$ converge to Γ in L^2 , so (1.33) is also true for $i = \infty$. We get a contradiction to the choice of x_{∞} .

We also recall one form of the transplantation theorem of Cheeger (see Lemma 10.7 of [Ch]):

LEMMA 1.34: Assume $M_i \stackrel{d_{GH}}{\longrightarrow} \mathbf{R}^n$; f_{∞} is a Lipschitz function on $B_R(x_{\infty}) \subset \mathbf{R}^n$, $x_i \to x_{\infty}$. Then there is a sequence of Lipschitz functions $\{f_i\}$ that converges uniformly to f_{∞} ; here f_i is defined on $B_R(x_i) \subset M_i$. Moreover, one can require that

(1.35)
$$\limsup_{i \to \infty} \mathbf{Lip} f_i \le \mathbf{Lip} f_{\infty},$$

(1.36)
$$\limsup_{i \to \infty} |\nabla f_i|_{L^2} \le |\nabla f_{\infty}|_{L^2}.$$

We use subscript i and write f_i , p_i , etc. to denote function, point, etc. on M_i^n .

2. Proof of Theorem 0.7

Assume Theorem 0.7 is not true. Then there is a sequence of manifolds (M_i^n, p_i, q_i) together with a sequence of harmonic functions u_i^* and

$$B_{r_i}(q_i) \subset B_{3/2}(p_i) \subset B_2(p_i) \subset M_i^n$$

such that (0.8) holds while (0.9) is not true, $B_2(p_i) \xrightarrow{d_{GH}} B_2(0) \subset \mathbf{R}^n$, also the lower bound in Ricci curvature goes to 0 as $i \to \infty$.

We rescale the ball $B_{r_i}(q_i)$ to a ball of radius 1; for simplicity, from now on we just denote it by $B_1(q_i)$ (we can assume $r_i < 1$, so the lower bounds in Ricci curvature are improved). We have $B_2(q_i) \stackrel{d_{GH}}{\longrightarrow} B_2(0) \subset \mathbb{R}^n$ in the measured Gromov-Hausdorff sense; see Theorems 0.1 and 0.8 in Colding's paper [Co]. So

$$(2.1) \qquad \int_{A(q_i,\frac{1}{2},1)} |u_i^* - (u_i^*)_{q_i,1}|^2 \le (2^{1+\epsilon})^2 \int_{A(q_i,\frac{1}{4},\frac{1}{2})} |u_i^* - (u_i^*)_{q_i,\frac{1}{2}}|^2,$$

while by our assumption

$$(2.2) \qquad \int_{A(q_{i},\frac{1}{4},\frac{1}{2})} |u_{i}^{*} - (u_{i}^{*})_{q_{i},\frac{1}{2}}|^{2} \geq (2^{1+\epsilon/2})^{2} \int_{A(q_{i},\frac{1}{8},\frac{1}{4})} |u_{i}^{*} - (u_{i}^{*})_{q_{i},\frac{1}{4}}|^{2}.$$

Define

$$u_i = \frac{u_i^* - (u_i^*)_{q_i, \frac{1}{2}}}{\mid (u_i^* - (u_i^*)_{q_i, \frac{1}{2}}) \mid L^2(B_1(q_i))}.$$

So u_i still satisfies (2.1), (2.2). Moreover,

(2.4)
$$\int_{B_{\frac{1}{k}}(q_i)} u_i = 0, \quad \int_{B_1(q_i)} |u_i|^2 = 1.$$

The following results are standard:

LEMMA 2.5: Assume M^n is a smooth manifold, $Ric_M > -(n-1)H$. If u is harmonic over $B_{R+d}(p)$, then

$$\sup_{B_R(p)} |u| \le C(n, H, d/R) |u|_{L^2(B_{R+d}(p))}.$$

The proof of Lemma 2.5 can be found in [Li] (one can also use Moser iteration). We can now apply the Cheng-Yau gradient estimate. For r < R, on $B_r(p)$ we have

$$(2.7) |\nabla u| \le G(r/R, d/R, H, n) |u|_{L^2(B_{R+d}(p))}.$$

So for any $\theta > 0$, u_i are uniformly bounded over $B_{1-\theta}(q_i) \subset M_i^n$, equicontinuous over $B_{1-2\theta}(q_i) \subset M_i^n$. Thus, without loss of generality, we can assume that the sequence $\{u_i\}$ converges uniformly on compact sets to a locally Lipschitz function u_{∞} on the open ball $B_1(0) \subset \mathbf{R}^n$.

Lemma 2.8: u_{∞} is harmonic.

Proof: Assume, on the contrary, that u_{∞} is not harmonic over a ball

$$B_{\lambda}(p^*) \subset\subset B_1(0).$$

By solving the Dirichlet problem on $B_{\lambda}(p^*)$ we can find v_{∞} with the same boundary value as u_{∞} over ∂B_{λ} , but with smaller energy, say

(2.9)
$$\int_{B_{\lambda}(p^{\star})} |\nabla v_{\infty}|^2 < \int_{B_{\lambda}(p^{\star})} |\nabla u_{\infty}|^2 - 2\Psi.$$

By obvious density properties, we can change v_{∞} slightly so that v_{∞} agrees with u_{∞} on a neighborhood of $\partial B_{\lambda}(p^*)$. By Lemma 1.21, for i big enough,

(2.10)
$$\int_{B_{\lambda}(p^*)} |\nabla v_{\infty}|^2 \le \int_{B_{\lambda,i}(p^*)} |\nabla u_i|^2 - \Psi.$$

So by (the proof of) Lemma 1.34 (see Section 10 of [Ch]), for i big enough we can find a function v_i with the same boundary value on ∂B_i as u_i but with smaller energy. That contradicts the fact that u_i is harmonic.

Proof of Theorem 0.7: Assume the theorem is not true. As in the discussion at the beginning of this section, after rescaling, we get a sequence of harmonic functions $\{u_i\}$ satisfying (2.1), (2.2) and (2.4) and they converge uniformly over compact subsets to a function u_{∞} defined on $B_1(0) \subset \mathbb{R}^n$.

By (2.1), (2.2), (2.4), $u_{\infty} \neq 0$. By (2.4) and the L^2 convergence, the average value of u_{∞} over $B_{\frac{1}{2}}(0)$ is 0. By Lemma 2.8, u_{∞} is harmonic, so the averages $(u_{\infty})_{0,1}$, $(u_{\infty})_{0,\frac{1}{2}}$, and $(u_{\infty})_{0,\frac{1}{4}}$ are all zero. In particular, u_{∞} is not a constant.

Clearly, (2.1), (2.2) are true for u_{∞} over the open ball $B_1(0) \subset \mathbf{R}^n$. This easily leads to a contradiction to Corollary 1.10.

Proof of Theorem 0.6: For any q, assume r is the biggest number such that $A(q, r/2, r) \subset B_{3/2}(p)$. Then as in Section 4 of [ChCo1], we have

(2.11)
$$\int_{A(q,r/2,r)} |\mathbf{b} - \mathbf{b}_{q,r}|^2 \le (2^{1+\epsilon})^2 \int_{A(q,r/4,r/2)} |\mathbf{b} - \mathbf{b}_{q,r/2}|^2,$$

if H, δ are small enough, L is big enough, $d_{GH}(B_L(p), B_L(0))$ small enough; see the Introduction. Clearly, we can apply Theorem 0.7 by induction to get

(2.12)
$$\int_{A(q,r/2^{k+1},r/2^k)} |\mathbf{b} - \mathbf{b}_{q,r/2^k}|^2 \ge (2^{1+\epsilon})^{-2k} \int_{A(q,r/2,r)} |\mathbf{b} - \mathbf{b}_{q,r}|^2.$$

Assume that $\nabla \mathbf{b}(q) = 0$. Then for all $0 < \beta < 1$ there is a number C > 0 such that

(2.13)
$$\int_{A(q,r/2^{k+1},r/2^k)} |\mathbf{b} - \mathbf{b}_{q,r/2^k}|^2 \le C((r/2^k)^{1+\beta})^2,$$

for k big enough. In particular, we can pick $\beta > \epsilon$. So for k big enough,

(2.14)
$$Cr^{2+2\delta} \ge 2^{2k(\beta-\epsilon)} \int_{A(q,r/2,r)} |\mathbf{b} - \mathbf{b}_{q,r}|^2.$$

This implies **b** must be constant; we get a contradiction (compare (0.2)).

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